



**Advocate (Coffs Harbour)
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Combat fear of public speaking

ONLINE learning has reached a milestone with the launch of Reasontospeak.com, a video-based online learning program for people who have to speak in public and want to increase their confidence and motivational ability.

The Reasontospeak.com basic program takes around five hours to

complete (in your own time) and is delivered completely online via up to 60 three-minute video 'chapters' selected from a library of more than 200 titles in 20 different 'need' categories.

■ For more information, visit www.reasontospeak.com or contact Paul Griffiths, phone (02) 9144 3975.